STATEMENTS TO LIVE BY

'Know that limitations are also opportunities for growth and make the most of our abilities'

Please use the activity below to help support the statements we will use together over the next four weeks.

- I know that it is OK for me to make mistakes
- I can learn from my mistakes and failures
- I try to keep going when things are difficult and not give up hope
- I know what humility means

We have decided to try to:

Please talk with your child about something which each of you might learn which has been a struggle so far. Examples might be to learn to tie shoe laces or even pass the driving test! It is OK to draw a picture. *There is no need to return this to school.*