



St Aidan's Catholic Primary School

'Come in and learn with Jesus; go out and serve with love.'

Coniston Road, Wallsend, Tyne and Wear, NE28 0EP

Tel: 0191 716 0585 Email: office@staidans.school Website: www.staidans.school

Headteacher: Rachel Lalor

Friday 10th October 2025

Dear Parents & Carers

[Please read our full newsletter here](#)

Thank you so much to all of you who were able to attend our Curriculum Afternoon on Wednesday. The children were so excited to show you the work they have been doing and it was great to welcome so many of you into school. Staff are also looking forward to meeting you for parent consultations on Wednesday 22nd October.

Please check Arbor for details of available appointments.

If your child has a SEND support plan and you have already arranged a meeting with the current class teacher, please do not make another appointment for the Wednesday as well.

Thank you to everyone who wore something yellow today on World Mental Health Day to raise awareness and show children and young people they're not alone with their mental health.

Our school has been very innovative in its approach to supporting mental health and wellbeing of our pupils and their families over the past few years and professionals from outside our school often ask to come in to see how our provision is integrated into our daily life. Children have access to two full time SEMH staff (Mrs Walker and Mrs England), wellbeing groups, formal therapy sessions, dedicated spaces for wellbeing, Next Steps professional counselling in school for 1.5 days, as well as dedicated curriculum time for developing their understanding of their own mental health and how to maintain it. Parents and carers also have access to the Wellbeing App – and members of the North Tyneside Connect Mental Health team regularly attend parents evening and are available for consultation once a month on the school yard.

We really appreciate the support in raising awareness about such a vital aspect of health. Please see our guide to managing stress in our Keeping Children Safe section below.

As you are aware, part of our role as a Catholic school is to ensure our children learn about Catholic Social Teaching. In order to develop children's ability to understand and articulate what this means in practice we are asking a weekly 'Big Question' linked to the pillars of CST.

Next week's Big Question is **'Should Everyone Be Treated Equally?'** During these oracy sessions based on CST children will be expected to share ideas, build on the opinions of others and develop the skills to challenge others in an articulate and confident appropriate manner.

Thank you to Year 2 who led the school in Celebration of The Word this week on the theme of celebration. They have been studying the Jewish custom of Shabbat as part of their World Faiths topic and were excellent at sharing their knowledge and understanding of this aspect of the RE curriculum as part of their celebration of The Word. Parents and Carers have been invited to share in this on Tuesday next week. Please check Seesaw for details from Mrs. Conway.

Well done to our Year 5 Bikeability pupils who have been fantastic during their sessions on riding safely, abiding by the rules of the road. I was impressed with their excellent listening skills and understanding of the importance of what they were learning – but mostly with their boundless enthusiasm. They all had great fun and are rightly proud of themselves!

Next Monday, 13th October, Year 5 will visit The Great North (Hancock) Museum as part of their history curriculum.

These newsletters will hopefully keep you up to date with what is going on in school week by week and also direct you to useful organisations and suggestions to support your child's education and development. **Please check your Arbor and Seesaw Apps regularly for information from school. The Arbor system is now being used by all schools in Bishop Bewick CET and does work differently from our previous messaging systems. Newsletters are uploaded to our website every two weeks.**

Our attendance figures are really low in the local and national league tables once again! This is largely due to holidays taken earlier in the term. Please contact us if you are having difficulty in getting your child to school when they are well due to parent/carers or sibling illness.

NB: Please update your contact details as soon as you change phone number/email address.

In the newsletter this week

- *Curriculum Afternoon and Curriculum Information*
- *RE Autumn Term Curriculum Plans*
- *Faith In Action*
- *Jubilee*
- *Attendance*
- *Statements to Live By*
- *The Wellbeing Hub*
- *Love Reading: Books Of The Week to Read for Pleasure*
- *Caterpillar App*
- *Keeping Children Safe – Managing Stress*
- *Keeping Children Safe – Safeguarding Team in School*
- *The Wednesday Word*
- *PTA*
- *Feeding Families – How to Collect your Shopping*
- *Cost of Living Support for Parents*
- *Connect Mental Health Support*
- *School Lunch Link*
- *Wallsend Children's Community*
- *Dates for the Diary*

If you have any queries about any of these items, please get in touch via the school office.

Best wishes
Ms Lalor